



# Hong Kong Psychogeriatric Association

## 香港老年精神科學會

c/o Psychogeriatric Team, Castle Peak Hospital, Tuen Mun, N.T., HONG KONG

Telephone: (852) 2456 7151 Facsimile: (852) 2466 1865 Webpage: [www.hkpga.org](http://www.hkpga.org) E-mail: [info@hkpga.org](mailto:info@hkpga.org)

### HKPGA Psychotherapy Workshop

#### Contemporary Psychotherapies for Older Adults: Problem Solving Therapy and Cognitive Behavioural Therapy

**Date:** November 6, 2009 (Friday)

**Time:** 9 am — 4:45 pm

**Venue:** Chairman Room I-II, Level 2, Royal Park Hotel, Shatin.

**Registration Fee:** \*HK\$ 1,100 per person

#### Guest speakers:

Prof. Joel Sadavoy, *Professor of Psychiatry, University of Toronto & Head of Geriatric Psychiatry Program, Mount Sinai Hospital, Toronto, Canada*

Dr. Roger M.K. Ng, *Consultant Psychiatrist, Kowloon Hospital & Certified Therapist, Beck Institute for Cognitive Therapy and Research*

#### Chairman:

Ms. Ernie P.W. Ma, *Clinical Psychologist, Haven of Hope Hospital & Council Member, HKPGA*

#### Program:

<u>Time</u>	<u>Topic</u>	<u>Speaker</u>
09:00 – 09:15	Welcome reception	
09:15 – 10:15	Psychotherapies for older adults: An overview	Prof. Joel Sadavoy
10:15 – 10:40	Coffee break	
10:40 – 11:30	Problem Solving Therapy: Theory and practice	Prof. Joel Sadavoy
11:30 – 12:30	Case demonstration 1	Prof. Joel Sadavoy
12:30 – 12:45	Questions and answers	
12:45 – 14:00	Lunch buffet	
14:00 – 15:00	Basic theory and strategies in	Dr. Roger M.K. Ng



# Hong Kong Psychogeriatric Association

## 香港老年精神科學會

c/o Psychogeriatric Team, Castle Peak Hospital, Tuen Mun, N.T., HONG KONG

Telephone: (852) 2456 7151 Facsimile: (852) 2466 1865 Webpage: [www.hkpga.org](http://www.hkpga.org) E-mail: [info@hkpga.org](mailto:info@hkpga.org)

	<b>Cognitive-Behavioural Therapy</b>	
15:00 – 15:30	<b>Coffee break</b>	
15:30 – 16:30	<b>Case demonstration 2</b>	<b>Dr. Roger M.K. Ng</b>
16:30 – 16:45	<b>Closing remark</b>	<b>Dr. S.W. Li</b>

Please send the reply slip together with a crossed cheque amounted to HK\$ 1,100 and make payable to the “Hong Kong Psychogeriatric Association Limited” by mail *before Oct 30, 2009 (Friday)*.

*Mailing Address:* Mr. David Lai, Honorary Treasurer, HKPGA, Ward E401, Castle Peak Hospital, Tuen Mun, N.T.

For enquiries, please send to [info@hkpga.org](mailto:info@hkpga.org) or call Ms. Gloria Wong via telephone no. 2456 7151 (fax no. 2466 1865).

\*HKPGA provides a limited number of sponsorship to cover the registration fee for our paid-up members who are actively involved in *treating older adults with mood disorders* e.g. in ESPP service. Please complete the attached sponsorship application form accordingly.

### REPLY SLIP

### Hong Kong Psychogeriatric Association’s Psychotherapy Workshop

- I will join the captioned workshop and the buffet lunch on Nov 6, 2009 (Friday).
- I have attached a bank cheque for the registration fee (HK\$ 1,100) in the envelope.

Name: Prof./ Dr./ Mr./ Ms. \_\_\_\_\_

Organisation: \_\_\_\_\_

Contact Telephone No.: \_\_\_\_\_

Contact Email Address: \_\_\_\_\_

Thank you very much.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_